



EDITOR SPEAK



Welcome to December month's edition of Shakti's newsletter! I'm proud to share Shakti Organisation continues mission to drive positive change through various initiatives, from empowering women's self-help groups and supporting education, to improving the health and well-being of both children and senior citizens. This month, we proudly highlight our Annual Function, Food Festival participation, and ongoing programs like the Preschool Nutrition and Senior Citizen Welfare initiatives. We remain committed to creating a sustainable, healthier future for all.

We are deeply grateful for the support of our donors, partners volunteers. Thank you for being part of our journey!

Stay tuned! Stay Blessed!

Simran Sharma
Social Media Coordinator

Annual Function and Uniform Distribution Program at Shakti Balashram with MLA, Rayagada



SHAKTI HANDED UNIFORMS TO 100 STUDENTS

Shakti Organisation recently hosted its Annual Function and Uniform Distribution Program at Shakti Balashram Hostel, event was graced by **Shri Kadraka Allapaswamy, MLA of Rayagada**, who distributed prizes and personally handed over uniforms to 100 students. The organisation distributed uniforms to supporting their education and personal development. Shakti Organisation's leadership and dedication to education and community development were key to the event's success.

SENIOR CITIZENS WELFARE

Routine Health Checkup

As part of the Senior Citizen Welfare Program, Shakti Organisation organized a **routine health checkup** for the elders at **Shakti Senior Citizen Home** and **Matrushakti Senior Citizen Home** to ensure their well-being during the winter season. With the colder months posing a higher risk of illness, medical professionals conducted thorough health screenings, offering personalized care and advice on winter health precautions.

This initiative reflects Shakti Organisation's dedication to providing a safe and healthy environment for senior citizens, ensuring they stay comfortable and well-cared for during the winter.



Pension Money Distribution

The pension money distribution for the elders at **Shakti Senior Citizen Home** and **Matrushakti Senior Citizen Home** was conducted smoothly, ensuring that each resident received their rightful share. This initiative aims to provide financial support to the elderly, helping them manage their daily expenses with ease. The distribution was carried out with care and efficiency, allowing the elders to feel secure and cared for.

Generous Donations for Our Senior Citizens

✓
Your support brings smiles, comfort, and joy to our elders



We are deeply grateful for the generous donations received from our supporters. These contributions help us provide better facilities, care, and comfort to the elderly residents at Shakti Senior Citizen Home.



Once again, thank you to all our donors for your kindness and support. Together, we can continue to provide a nurturing and caring environment for our senior citizens.

Join us in making a difference



What's Happening This Month?

Rahat food kits were distributed Under the **Preschool Nutrition Program** by **Shakti Organisation** to families in rural villages, providing essential nutritional support as part of our ongoing efforts to improve the well-being of children and families.



Rahat Food Kit Distribution

Under **Shakti Organisation's Preschool Nutrition Program**, Rahat food kits were distributed to **96 families** in the villages of **Gumaguda, Birubai, Palikidanga, and Pedaguda**, benefiting 120 children. Each kit, containing 26 kg of rice and 4 kg of chickpeas, was provided to ensure families had the essential food supplies to meet their nutritional needs. This distribution is part of our ongoing effort to tackle food insecurity and promote healthy growth among children in rural areas.



Maternity Waiting Home

In December, our maternity home admitted **45 new mothers**, bringing the **total to 50**, including 6 continuing from the previous month. We offer comprehensive support through health check-ups, prenatal classes, nutritional counseling, and emotional guidance. Our facility ensures a safe environment with access to medical professionals and emergency care, prioritizing the health and well-being of both mothers and their babies.

WOMEN EMPOWERMENT

Two-Day training on "Poultry Farming, its Value Chain, and Marketing"

A two-day training on "**Poultry Farming, its Value Chain, and Marketing**" was held for SHG Presidents and Secretaries from Sundhidhamuni Panchayat at Shakti Office, Ramanaguda, from 16th to 17th December 2024. The session aimed to enhance participants' knowledge of poultry farming practices, the poultry value chain, and effective marketing strategies, empowering SHG leaders to improve sustainability and income generation in their poultry ventures.



SMI Method-Based Farming Training

Shakti Organisation successfully conducted a two-day SMI method-based farming training camp at Ramnaguda block. Shakti ensured the participation of farmers from the villages of Palikidang, Gogupadu, and Suludi. The organisation arranged for expert guidance, providing farmers with valuable knowledge on mandi farming, biological fertilizers, and proper irrigation practices to enhance their agricultural practices.



Shakti's WSHGs Participate in Food Festival Organized by Odisha's Agriculture Department

Shakti Organisation's Women Self Help Groups (WSHGs) actively participated by setting up a stall. The WSHGs showcased the nutritional benefits of various millets such as Ragi, Foxtail, Little Millet, and Sorghum. This participation helped raise awareness about the importance of millets in promoting better health and nutrition, reflecting Shakti Organisation's commitment to promoting sustainable and healthy food practices in the community.



Village Meeting on Mandi Registration and Sale of Ragi

Shakti Organisation regularly organizes village meetings in various villages across Ramanaguda Block focused on discussing the registration process for farmers in the Odisha mandi. The key points included ensuring that only registered farmers could sell mandi products, preventing outside traders from selling small grain crops like mandia and Jahna Kangoo, and promoting proper cleaning and selling practices. The aim was to streamline the mandi registration process and safeguard local farmers' interests in the market.



Vermi compost & LRI Training

Shakti Organisation has been actively conducting a series of impactful training programs on Vermicomposting and Low-Resource Inputs (LRI) Training across multiple villages in Jujomura Block of Odisha under the **Watershed Reward Project**. These comprehensive sessions have garnered the participation of **672 male** and **385 female farmers** from various villages, making it a significant community outreach initiative.



The primary goal of these training sessions is to educate farmers on **sustainable farming practices**. The training covers the benefits and techniques of vermicomposting, which helps in improving soil fertility naturally, reducing the need for chemical fertilizers. Additionally, the program focuses on **Low-Resource Inputs (LRI) practices**, which allow farmers to use locally available and affordable resources to improve agricultural productivity. Shakti Organisation's initiative is empowering farmers in Jujomura Block to adopt eco-friendly and cost-effective farming methods, enhancing both their agricultural yields and the long-term sustainability of their farming practices.

NSDC Training at Ramnaguda Block

Shakti recently conducted three impactful training sessions focused on Line Sowing, Seed Treatment, and Maize Cultivation Demonstration. A total of **90 trainees** participated in these sessions.

- **Line Sowing:** Trainees learned how to plant seeds in straight rows at equal distances to improve crop growth, optimize space, and reduce competition for nutrients.
- **Seed Treatment:** The training focused on methods to protect seeds from pests and diseases, enhancing germination rates and overall crop health.
- **Maize Cultivation Demonstration:** Farmers were shown best practices for cultivating maize, including planting techniques, soil preparation, and care throughout the growing season.

Value Chain, Marketing and Product Aggregation Training



Shakti recently held training sessions under the **Mpowered Scale up project** in Ramanaguda Block of Odisha, focusing on Value Chain Development, Marketing, and Product Aggregation. The training aimed to enhance local farmers' skills in improving product value, aggregating goods for better market access, and implementing effective marketing strategies. Practical workshops and field visits were also conducted to offer hands-on experience.

Shakti Organisation Agreement with CDAO

Shakti Organisation has signed an agreement with the Chief District Agriculture Officer (CDAO), Koraput, as the District Facilitating Agency under the 'NFSM, TRFA-Pulses' scheme.



This collaboration aims to promote pulses cultivation in rice fallow land across all 14 blocks of Koraput District.



Case Study

Shakti's Fight Against Malnutrition

Background:

Shakti Organisation has been addressing severe malnutrition in 14 underweight children (6 months to 5 years) in Ramanaguda block, Odisha, for the past year, where food insecurity and limited healthcare are common.

Problem:

The children suffered from poor growth and weakness, and their families lacked knowledge of proper nutrition and feeding practices.

Intervention:

The organisation provided daily milk, biscuits, and taught parents to prepare mandiapej (a millet-based supplement). Regular monitoring ensured the children received proper care.

Result:

After six months, the children gained 1 to 1.5 kg each, showing improved health and energy. Parents also gained a better understanding of nutrition and continued the feeding practices.

Conclusion:

Shakti's intervention successfully combined direct nutrition support with community education, significantly improving the health of children and empowering families to combat malnutrition.

Thank you for reading!



BHIM
UNIFIED PAYMENTS INTERFACE

UPI
UNIFIED PAYMENTS INTERFACE



SCAN & PAY WITH ANY UPI APP

Every contribution, big or small, helps us lift lives and build a brighter future. Together, we can transform challenges into opportunities.

UPI ID: shaktisocialcul597180.rzp@icici

Address: Shakti Social Cultural and Sporting Organisation, Housing Board Colony, Post.-Rayagada-765001, State-Odisha, Country- India

Phone: 06856-359838

Welcome to Shakti Organisation: <https://www.shaktiorg.com/>

Welcome to Matrushakti: <https://matrushaktisch.com/>

Welcome to Shakti: <https://shaktisch.com/>

